



Once you finish making your Traveling Postcard, please answer the following questions. There are no wrong answers.

- Look at the colors you used in your card. What does each color represent to you?
- Find one image or symbol in your card that you really like. Describe how it makes you feel.
- What word did you choose from the Wisdom Card deck? Did this word show up in your card in some way?
- If you could hear what the person who received your card was thinking, what would they say? Is there anything else you would add to your message to them?
- Did you experience any obstacles in making your card? Did you overcome them? Describe.

- Are there any changes in the way you feel now that you have made your card? If so, describe
- What aspect of participating in the workshop did you enjoy the most? Was anything missing?
- After seeing your card, how can you imagine using your voice to affect change in your local or global community?

\*Please return your finished postcard in the enclosed mailing envelope so we can send it to a survivor.

\*Send with your postcard or email this form to: [info@travelingpostcards.org](mailto:info@travelingpostcards.org)

\*If you want, please take a selfie with your postcard and email it to us. We will post it on Instagram [#travelingpostcards](https://www.instagram.com/travelingpostcards) or on our website. [travelingpostcards.org](http://travelingpostcards.org)

**Visit our Gallery to see all the postcards that have been made!**

Do you give Traveling Postcards permission to publish your Traveling Postcard, your photo/ video and your comments on our Website, Facebook or Instagram pages or at a public venue?

Postcard: Yes \_\_\_\_\_ No \_\_\_\_\_

Comments: Yes \_\_\_\_\_ No \_\_\_\_\_

Photo/video: Yes \_\_\_\_\_ No \_\_\_\_\_

Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Email: \_\_\_\_\_

Would you like to receive our newsletter? Yes \_\_\_\_ No \_\_\_\_

Thank you for participating! You make a difference everyday just by being you.